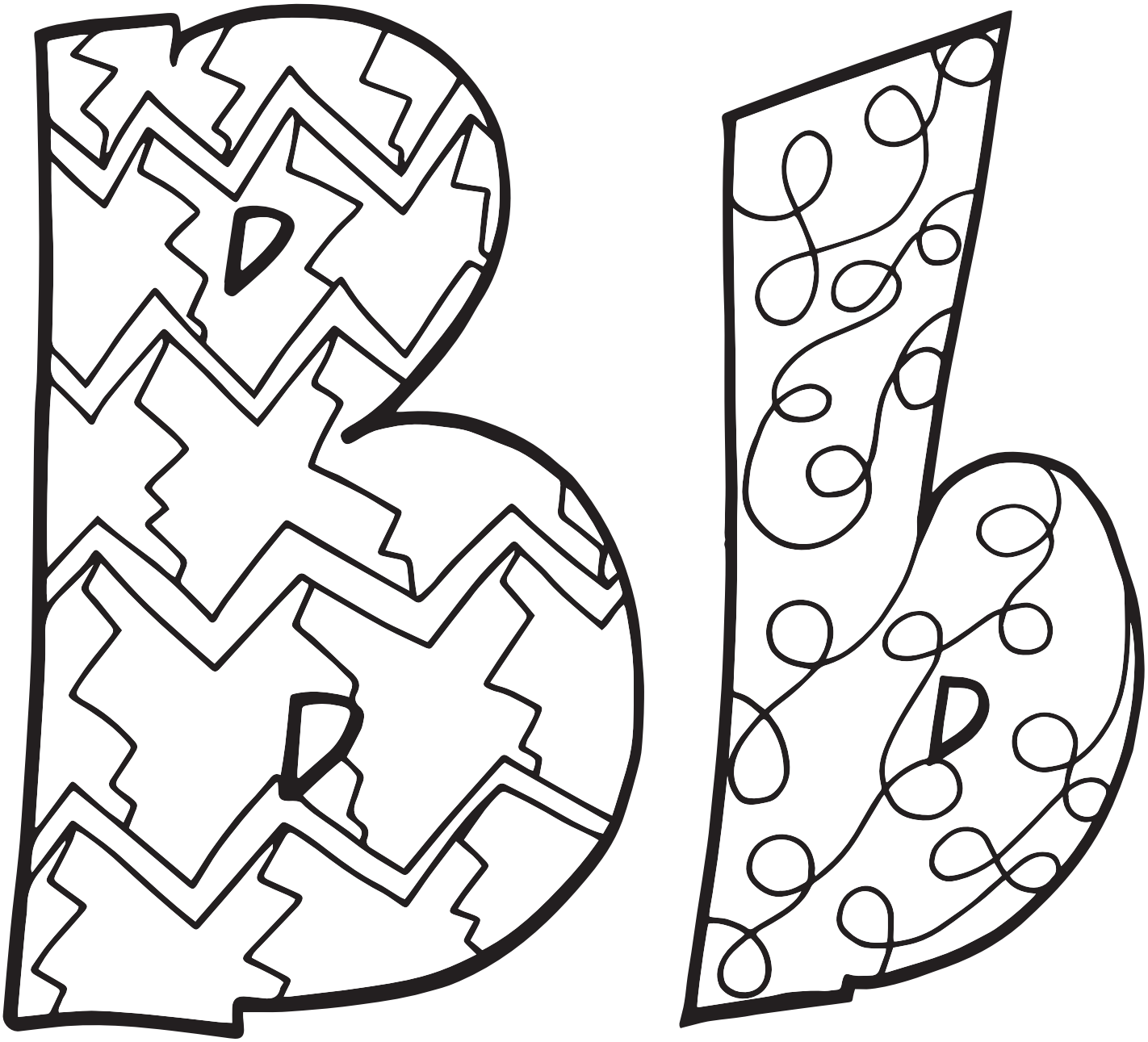

B is for