



**I will extol the Lord at all times;  
his praise will always be on my lips. I will glory in the Lord;  
let the afflicted hear and rejoice. Glorify the Lord with me;  
let us exalt his name together.**

**I sought the Lord, and he answered me; he delivered me from all my fears.**

**Those who look to him are radiant;  
their faces are never covered with shame.**

**This poor man called, and the Lord heard him;  
he saved him out of all his troubles.**

**The angel of the Lord encamps around those who fear him,  
and he delivers them.**

**Taste and see that the Lord is good;  
blessed is the one who takes refuge in him. Fear the Lord,  
you his holy people,**

**for those who fear him lack nothing.**

**The lions may grow weak and hungry,  
but those who seek the Lord lack no good thing.**

**Come, my children, listen to me;  
I will teach you the fear of the Lord.**

**Whoever of you loves life  
and desires to see many good days,  
keep your tongue from evil  
and your lips from telling lies.**

**Turn from evil and do good;  
seek peace and pursue it.**

**The eyes of the Lord are on the righteous,  
and his ears are attentive to their cry;  
but the face of the Lord is against those who do evil,  
to blot out their name from the earth.**

**The righteous cry out, and the Lord hears them;  
he delivers them from all their troubles.**

**The Lord is close to the brokenhearted  
and saves those who are crushed in spirit.**

**The righteous person may have many troubles,  
but the Lord delivers him from them all;**

**he protects all his bones,  
not one of them will be broken.**

**Evil will slay the wicked;  
the foes of the righteous will be condemned.**

**The Lord will rescue his servants;  
no one who takes refuge in him will be condemned.**

## **Psalm 34**